

McNary Heights Elementary School
 August & September 2017
 Fruit and Vegetable Variety Bar
 1% White or Non-Fat Chocolate Milk
 Umatilla School District is an equal opportunity provider

Mon	Tue	Wed	Thu	Fri
<p>28 <i>Breakfast</i> Cereal Selection Or Cereal bars Lunch Chicken & Cheese Quesadilla /Green Beans Or Ham & Cheese sub w goldfish</p>	<p>29 <i>Breakfast</i> Cereal selection or Mini Pancakes Lunch Hamburger w tri patty Or Tuna Sub w fruit cup</p>	<p>30 <i>Breakfast</i> Cereal Selection or Cinnamon rolls Lunch Haystacks Or Turkey wrap w sun chips</p>	<p>31 <i>Breakfast</i> Cereal Selection or breakfast pizza Lunch Beef Bean & Cheese Burrito Or Chicken Fajita salad w goldfish</p>	<p>1 <i>Breakfast</i> Cereal Selection or Muffin & yogurt or Pancake on a stick Lunch Pizza or PBJ w cheese stick & Goldfish cracker</p>
<p>4 Labor Day No School!!</p>	<p>5 <i>Breakfast</i> Cereal selection or French toast sticks Lunch Corn dog w Baked Beans Or Turkey & Cheese Sub w fruit cup</p>	<p>6 <i>Breakfast</i> Cereal Selection or Cinnamon rolls Lunch Spaghetti w corn & garlic toast Or Hot dog w Gold fish</p>	<p>7 <i>Breakfast</i> Cereal Selection or breakfast burrito Lunch Rib B Que w sun chips Or Tuna sub w sun chips</p>	<p>8 <i>Breakfast</i> Cereal Selection or Muffin & yogurt or Pancake on a stick Lunch Pizza or PBJ w cheese stick & Goldfish cracker</p>
<p>11 <i>Breakfast</i> Cereal Selection Or Cereal bars Lunch Chicken Nuggets and Tri Patty Or Ham & Cheese Sub w sun chips</p>	<p>12 <i>Breakfast</i> Cereal selection or Mini Pancakes Lunch Chicken burger w green Beans Or Chicken & cheese Quesadilla</p>	<p>13 <i>Breakfast</i> Cereal Selection or Cinnamon rolls Lunch Sausage/ Biscuit & Cheese w Tri patty Or Popcorn Chicken Salad w gold fish</p>	<p>14 <i>Breakfast</i> Cereal Selection or breakfast pizza Lunch Tacos with Frijoles Or Fish sticks and Tots</p>	<p>15 <i>Breakfast</i> Cereal Selection or Muffin & yogurt or Pancake on a stick Lunch Pizza or PBJ w cheese stick & Goldfish cracker</p>
<p>18 <i>Breakfast</i> Cereal Selection Or Cereal bars Lunch Cheese Sticks w/ Marinara Or Beef Bean and Cheese Burrito w Corn</p>	<p>19 <i>Breakfast</i> Cereal selection or French toast sticks Lunch Grilled Cheese & Tomato Soup Or Popcorn Chicken Salad w crackers</p>	<p>20 <i>Breakfast</i> Cereal Selection or Cinnamon rolls Lunch Chicken Strips / Potato/Gravy Green Beans & Roll Or PBJ Cheese stick /goldfish cracker</p>	<p>21 <i>Breakfast</i> Cereal Selection or breakfast burrito Lunch Hamburgers Pork & Beans Or Ham & cheese w sun chips</p>	<p>22 <i>Breakfast</i> Cereal Selection or Muffin & yogurt or Pancake on a stick Lunch Pizza or PBJ w cheese stick & Goldfish cracker</p>
<p>25 <i>Breakfast</i> Cereal Selection Or Cereal bars Lunch Beef Bean & Cheese Burrito Or Cheesy Bagel w Fruit cup</p>	<p>26 <i>Breakfast</i> Cereal selection or Mini Pancakes Lunch Waffles & Sausage Or Popcorn chicken salad/goldfish</p>	<p>27 <i>Breakfast</i> Cereal Selection or Cinnamon rolls Lunch Hot dog w Baked Beans Or Corn dog w fresh fruit</p>	<p>28 <i>Breakfast</i> Cereal Selection or breakfast pizza Lunch Chicken Fajitas w Corn Or Turkey & Cheese wrap w sun chips</p>	<p>29 <i>Breakfast</i> Cereal Selection or Muffin & yogurt or Pancake on a stick Lunch Pizza or PBJ w cheese stick & Goldfish cracker</p>